







Daily Routine

Time:	Sample	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Children arrive					
	Breakfast/ settle in					
	• Wash up / nappy changes					
Mid - Morning	Activities					
	Outdoor play/ walk					
	• Mid-morning snack/wash up					
Lunch-time	Prepare for lunch					
	• Lunch /wash up / nappy changes					
	Nap-time/ quiet time					
Afternoon	Activities					
	• Free play / outdoor play					
	Snack / wash up/ nappy change					
Evening	• Activities					
	• Free play/ outdoor play					
	Wind down for home-time					

The above is only a sample and is dependant on the age of the children etc.

Transforming Ireland

Funded by the Irish Government under the National Development Plan 2007-2013





